

Spring 2010
Eldon Roark Tennis Center
Clinic Schedule



Tuesday - "Cardio Tennis" 10:30 AM - 11:30 AM

"This is a cardio-centric clinic. 75% fitness workout and 25% tennis skills.

Get fit to hit with T-Rex. All levels.

Email signup - \$15

Drop in - \$20

Saturday - "Grip-n-Rip" 9:00 AM - 10:30 AM

"This is a skills/drills session designed for the players wanting to improve and get a cardio workout." Skilled players/Juniors.

Email signup - \$15

Drop in - \$20

Contact

Terrence "T-Rex" M. Robinson Jr.

901.270.4229

tmrobinsonjr@tennismemphis.org